

HEALTH ATLAST CM

1835 Newport Blvd., Suite D251, Costa Mesa, CA 92627

File #: _____ X-ray #: _____

Last Name: _____ MI: _____ First Name: _____

Home Address: _____ Apt. _____ City: _____ State: _____

Zip: _____ Cell Phone: _____ Work Ph: _____ Home Ph: _____

Notify in case of emergency: _____ Tel: _____

Date of Birth: ____/____/____ Sex: M / F SSN #: _____ Married / Single / Divorced

E-mail: _____ Height: _____ Weight: _____ Preferred Language: _____

Race/Ethnicity: American Indian or Alaska Native / Asian / Black or African American / Hispanic or Latino / Native Hawaiian or Pacific Islander / White

Employer: _____ Occupation: _____

METHOD OF PAYMENT (Circle Choice)

Self-Pay: Cash / Check / Credit Card / Private Insurance / Medicare

Date of Injury: ____/____/____ Work Comp / Accident Attorney / Other: _____

INSURANCE INFORMATION

Insured Name (if other than patient): _____ Insured Subscriber #: _____

Insured Date of Birth: _____ Soc. Sec # of insured: _____

Medical Insurance _____ Subscriber Number: _____

Policy: _____ Group: _____ Tel of Insurance: _____

Address: _____

Worker's Comp/ Auto accident / Attorney: _____

Claim #: _____ Adjuster: _____

Address: _____ City: _____ State: _____ Zip: _____

Tel: _____ Fax: _____

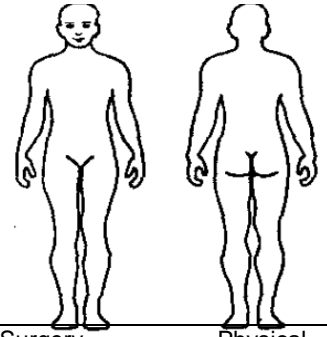
ASSIGNMENT OF INSURANCE BENEFITS / PATIENT INFORMATION

Patient hereby assigns to **HEALTH ATLAST CM** ("Provider") all rights to payment and benefits and all legal and other health plan, ERISA plan, or insurance contract rights that I (or my child, spouse or dependent) may have under my/our health plan(s) or health insurance policy(ies), and I hereby instruct and direct my health insurer or plan to pay by check made out and mailed to **HEALTH ATLAST CM**, the medical expense or other professional healthcare provider benefits allowable under my current insurance policy for services rendered to me or my dependent(s). This assignment includes, but is not limited to, a designation that Provider can act on my/our behalf, as my/our representative or ERISA representative, as to any initial or subsequent claim determination or adverse notification/denial, to request any relevant claim or plan information from the applicable health plan or insurer, to file and pursue appeals to obtain benefits and/or payments that are due to Provider as a result of services rendered by Provider, and to pursue any and all remedies to which I/we may be entitled, including the use of legal action against the health plan or insurer to accomplish, inter alia, payment of Provider. This assignment and designation remains in effect unless revoked in writing, and is a direct assignment of my rights and benefits under this policy. A photocopy of this Agreement shall be considered as effective and valid as the original. I understand and agree that (regardless of my insurance status), I am ultimately responsible for the balance on my account for any professional services rendered. I have read all information of this sheet and have completed the above answers I certify this information is true and correct to the best of my knowledge. I will notify you of any changes in the above information.

Signature of Patient or Beneficiary _____ Date: _____

Area of Complaint/Condition: _____
 When did your symptoms appear? _____
 Is this condition getting progressively worse? Yes No Unknown
 Mark an X on the picture where you continue to have pain, numbness, or tingling.
 Rate the severity of your pain on a scale from 1 (least pain) to 10 (severe pain): _____
 Type of pain: Sharp Dull Throbbing Numbness Aching Shooting
 Burning Tingling Cramps Stiffness Swelling Weakness Other
 How often do you have this pain? _____
 Is it constant or does it come and go? _____
 Does it interfere with your: Work Sleep Daily Routine Recreation
 Activities or movements that are painful to perform:
 Sitting Standing Walking Bending Lying down

Mark Symptoms



What treatments have you already received for this condition? _____ Medications _____ Surgery _____ Physical Therapy _____
 _____ Chiropractic Services _____ None _____ Other/ Home Treatment _____

Name and Phone Number of other doctor(s) who have treated you for your condition _____

Date of Last: Physical Exam _____ Spinal X-Ray _____ Blood Test _____
 _____ Spinal Exam _____ Chest X-Ray _____ Urine Test _____
 _____ Dental X-Ray _____ MRI, CT, Bone Scan _____

Place a mark on yes or no to indicate if you have or had any of the following:

Aids/HIV <input type="checkbox"/> Yes <input type="checkbox"/> No	Epilepsy <input type="checkbox"/> Yes <input type="checkbox"/> No	Memory Loss <input type="checkbox"/> Yes <input type="checkbox"/> No	Scarlet Fever <input type="checkbox"/> Yes <input type="checkbox"/> No
Alcoholism <input type="checkbox"/> Yes <input type="checkbox"/> No	Fatigue <input type="checkbox"/> Yes <input type="checkbox"/> No	Miscarriage <input type="checkbox"/> Yes <input type="checkbox"/> No	Shortness of Breath <input type="checkbox"/> Yes <input type="checkbox"/> No
Allergy Shots <input type="checkbox"/> Yes <input type="checkbox"/> No	G.I. problems <input type="checkbox"/> Yes <input type="checkbox"/> No	Migraine Headaches <input type="checkbox"/> Yes <input type="checkbox"/> No	Sleep Difficulty <input type="checkbox"/> Yes <input type="checkbox"/> No
Anemia <input type="checkbox"/> Yes <input type="checkbox"/> No	Glaucoma <input type="checkbox"/> Yes <input type="checkbox"/> No	Miscarriage <input type="checkbox"/> Yes <input type="checkbox"/> No	Stroke <input type="checkbox"/> Yes <input type="checkbox"/> No
Anorexia <input type="checkbox"/> Yes <input type="checkbox"/> No	Goiter <input type="checkbox"/> Yes <input type="checkbox"/> No	Mononucleosis <input type="checkbox"/> Yes <input type="checkbox"/> No	Suicide Attempt <input type="checkbox"/> Yes <input type="checkbox"/> No
Appendicitis <input type="checkbox"/> Yes <input type="checkbox"/> No	Gonorrhea <input type="checkbox"/> Yes <input type="checkbox"/> No	Multiple Sclerosis <input type="checkbox"/> Yes <input type="checkbox"/> No	Thyroid Problems <input type="checkbox"/> Yes <input type="checkbox"/> No
Arthritis <input type="checkbox"/> Yes <input type="checkbox"/> No	Hiatal Hernia <input type="checkbox"/> Yes <input type="checkbox"/> No	Mumps <input type="checkbox"/> Yes <input type="checkbox"/> No	Tingling <input type="checkbox"/> Yes <input type="checkbox"/> No
Asthma <input type="checkbox"/> Yes <input type="checkbox"/> No	Headaches <input type="checkbox"/> Yes <input type="checkbox"/> No	Nausea <input type="checkbox"/> Yes <input type="checkbox"/> No	Tonsillitis <input type="checkbox"/> Yes <input type="checkbox"/> No
Bleeding Disorders <input type="checkbox"/> Yes <input type="checkbox"/> No	Hearing Difficulty <input type="checkbox"/> Yes <input type="checkbox"/> No	Nervousness <input type="checkbox"/> Yes <input type="checkbox"/> No	Tuberculosis <input type="checkbox"/> Yes <input type="checkbox"/> No
Bowel Problems <input type="checkbox"/> Yes <input type="checkbox"/> No	Heart Burn <input type="checkbox"/> Yes <input type="checkbox"/> No	Numbness <input type="checkbox"/> Yes <input type="checkbox"/> No	Tumors, Growths <input type="checkbox"/> Yes <input type="checkbox"/> No
Breast Lump <input type="checkbox"/> Yes <input type="checkbox"/> No	Heart Disease <input type="checkbox"/> Yes <input type="checkbox"/> No	Osteoporosis <input type="checkbox"/> Yes <input type="checkbox"/> No	Typhoid Fever <input type="checkbox"/> Yes <input type="checkbox"/> No
Bronchitis <input type="checkbox"/> Yes <input type="checkbox"/> No	Hepatitis <input type="checkbox"/> Yes <input type="checkbox"/> No	Pacemaker <input type="checkbox"/> Yes <input type="checkbox"/> No	Ulcers <input type="checkbox"/> Yes <input type="checkbox"/> No
Bulimia <input type="checkbox"/> Yes <input type="checkbox"/> No	Hernia <input type="checkbox"/> Yes <input type="checkbox"/> No	Parkinson's Disease <input type="checkbox"/> Yes <input type="checkbox"/> No	Urinary <input type="checkbox"/> Yes <input type="checkbox"/> No
Cancer <input type="checkbox"/> Yes <input type="checkbox"/> No	Herniated Disc <input type="checkbox"/> Yes <input type="checkbox"/> No	Pinched Nerve <input type="checkbox"/> Yes <input type="checkbox"/> No	Incontinence <input type="checkbox"/> Yes <input type="checkbox"/> No
Cataracts <input type="checkbox"/> Yes <input type="checkbox"/> No	Herpes <input type="checkbox"/> Yes <input type="checkbox"/> No	Pneumonia <input type="checkbox"/> Yes <input type="checkbox"/> No	Vaginal Infections <input type="checkbox"/> Yes <input type="checkbox"/> No
Chemical <input type="checkbox"/> Yes <input type="checkbox"/> No	High Blood <input type="checkbox"/> Yes <input type="checkbox"/> No	Polio <input type="checkbox"/> Yes <input type="checkbox"/> No	Venereal Disease <input type="checkbox"/> Yes <input type="checkbox"/> No
Dependency <input type="checkbox"/> Yes <input type="checkbox"/> No	Pressure <input type="checkbox"/> Yes <input type="checkbox"/> No	Problems with Eyes <input type="checkbox"/> Yes <input type="checkbox"/> No	Vomiting <input type="checkbox"/> Yes <input type="checkbox"/> No
Chest Pain <input type="checkbox"/> Yes <input type="checkbox"/> No	High Cholesterol <input type="checkbox"/> Yes <input type="checkbox"/> No	Ears, Nose, Throat <input type="checkbox"/> Yes <input type="checkbox"/> No	Weakness <input type="checkbox"/> Yes <input type="checkbox"/> No
Chicken Pox <input type="checkbox"/> Yes <input type="checkbox"/> No	Itching <input type="checkbox"/> Yes <input type="checkbox"/> No	Prostate Problems <input type="checkbox"/> Yes <input type="checkbox"/> No	Whooping Cough <input type="checkbox"/> Yes <input type="checkbox"/> No
Depression <input type="checkbox"/> Yes <input type="checkbox"/> No	Kidney Disease <input type="checkbox"/> Yes <input type="checkbox"/> No	Prosthesis <input type="checkbox"/> Yes <input type="checkbox"/> No	Other _____
Diabetes <input type="checkbox"/> Yes <input type="checkbox"/> No	Liver Disease <input type="checkbox"/> Yes <input type="checkbox"/> No	Psychiatric Care <input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Difficulty Voiding <input type="checkbox"/> Yes <input type="checkbox"/> No	Loss of Appetite <input type="checkbox"/> Yes <input type="checkbox"/> No	Rheumatoid Arthritis <input type="checkbox"/> Yes <input type="checkbox"/> No	_____
Empysema <input type="checkbox"/> Yes <input type="checkbox"/> No	Loss of Concentration <input type="checkbox"/> Yes <input type="checkbox"/> No	Rheumatic Fever <input type="checkbox"/> Yes <input type="checkbox"/> No	_____
	Measles <input type="checkbox"/> Yes <input type="checkbox"/> No		

Exercise
 None
 Moderate
 Daily
 Heavy

Work Activity
 Sitting
 Standing
 Light Labor
 Heavy Labor

Habits
 Right or Left Handed _____
 Smoking (Circle choice) current every day, current some days, former, never, smoker-current status unknown
 Alcohol _____ Drinks/Day _____
 Coffee/Caffeinated drinks _____ Cups/Day _____
 High Stress Level _____ Reason _____

Are you pregnant? Yes No Due date _____

Description	Date
Accidents/Workers Comp/ Car Accidents _____	_____
Falls/ Injuries _____	_____
Broken Bones / Dislocations _____	_____
Surgeries _____	_____

Drug name	Dosage	Purpose	Prescribing Dr. Name and Phone #
Medications _____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Allergies: _____

HEALTH ATLAST CM INFORMED CONSENT

PERSONAL

Patient's Name _____

INFORMED CONSENT

The determination of an appropriate plan of medical and/or chiropractic management for medical, orthopedic or chiropractic conditions may involve or include the utilization of physical examinations, muscle testing, physiotherapeutic exercise or rehabilitation procedures done in office or at home utilizing devices appropriate for same, spinal adjustments, diagnostic imaging including but not limited to x-rays, ultrasound or MRI, electrical stimulation or TENS unit application or ultrasound applied to muscles, nerve conductive velocity testing, acupuncture, venipuncture, injections into large or small joints or muscles, or prescriptions. Should these procedures be deemed appropriate in your case, you will be examined by a doctor or his or her mid-level provider ("Provider") to determine if you have any conditions that indicate you should not engage in any of the foregoing.

I the Patient ("Patient") acknowledge and understand that the above procedures carry with them a small inherent risk of injury, which include but are not limited to: minor strains of the specific muscles being used during testing or rehabilitation, muscle strains, dislocations, skin irritation, costovertebral sprains, fractures, disc trauma, minor burns, dizziness, bruising, local swelling, stroke or fatality, stomach upset, allergic reactions, electrical shock, injection site pain irritation or infection, bleeding or erythema, high levels of anesthetic in central nervous system in the event of inadvertent injections into blood vessels, temporary anesthesia or numbness or weakness in area injected, vasovagal reaction (fainting), soft tissue swelling, hematoma formation, nerve trauma or compartment syndrome requiring possible surgical decompression, joint stiffness, vessel nerve or joint injury, pneumothorax requiring possible intubation, gastrointestinal upset, nausea, headaches, hoarseness, difficulty swallowing or strange tastes, dimpling of skin, and rare side effects of medications utilized may include retention of salt and water, transient disturbances of blood sugar, blood, hemorrhage or pus in affected area, and allergic reactions which in rare cases can be severe, disability or fatality, seizure, arrhythmia, anaphylaxis, paralysis, or cardiac arrest. If you are receiving an injection involving Hyaluronate, you need to inform your provider if you have an allergy to chicken, eggs, feathers, or vaccine products derived therefrom. The Patient is at all times free to engage in alternatives to procedures which include not receiving or refusing the procedure, or other appropriate medical or surgical management. Patient always has the right to refuse any procedure at any time. It is Patient's responsibility to inform Provider if Patient does not want the procedure or wishes to stop the procedure after it has started. It is Patient's responsibility to inform Provider of any prior adverse outcome or reaction to a similar treatment previously, or if such a reaction occurs during or after a procedure in this office. Patient understands that the doctor may not be able to anticipate and explain all potential risks and complications, and wishes to rely on the doctor to exercise his or her clinical expertise and best judgment based on the facts then known to him or her to determine a reasonable course of action which the doctor feels at the time – based upon the facts then known to him or her – is in Patient's best interests. Patient has read, or has had read to him or her, this entire informed consent form, in a language that Patient understands. Patient has had an opportunity to ask questions about its content, and by signing below, Patient indicates Patient's understanding that results are not guaranteed and that Patient has had the opportunity to discuss the purposes, procedures, risks and other factors and ask all questions Patient has about his treatment in the office. Patient also agrees to hold this office and its staff harmless for injuries caused by the use of durable medical equipment due to improper use or manufacture defects. Patient intends this consent form to cover the entire course of treatment for Patient's present condition and for any future condition(s) for which Patient seeks treatment at this office. Patient has read and understands the preceding statements and hereby consents to voluntarily participate in one or more of the above-described treatments, and/or other medical management procedures as deemed appropriate by Provider. If at any time I decide that I am unwilling to engage in these procedures, I reserve the right to inform my doctor of such and not participate in these forms of evaluation or treatment.

Should I decide to receive treatment, I understand that I will be ultimately responsible for any and all charges incurred at this office. After a charge is 30 days past due a finance charge of 1.5% per month and penalty fee may be added. If any of my checks bounce, I will be billed a service fee. I hereby authorize this office to disclose medical information pertaining to my case to medical/technical consultants deemed appropriate by my doctor and submit claims to my insurance carrier on my behalf. However, I understand that verification of my eligibility and benefits is not a guarantee of payment.

The clinic is not liable for any lost or stolen property, or property damaged on the premise or in the parking lot. All supplements, supplies and durable medical equipment purchases are final. There are no exchanges or returns.

I HAVE READ AND UNDERSTAND THE ABOVE STATEMENTS.

Patient Signature: _____

Date _____

Guarantor Signature: _____

Date _____

Health Atlas CM

**Acknowledgement
Receipt of Notice of Privacy Practices**

We are required to provide you with a copy of our Notice of Privacy Practices, which states how we may use and disclose your health information and your rights and our legal obligations with respect to your health information.

By signing this form you acknowledge you have received the Notice of Privacy Practices.

You may refuse to sign this acknowledgement, if you wish.

Name:		Today's Date:	
Date of Birth:		Last 4 digits of Social Security #	xxx-xx- ____ ____ ____

Acknowledgement by Individual:

Please sign your name to acknowledge receipt of the Notice of Privacy Practices of Health Atlas CM on this line:

Acknowledgement by Personal Representative acting for an Individual:

If you are signing this acknowledgement on behalf of the Individual named above, please print your name on this line:

Please write your relationship and authority to act for the Individual on this line:
(documentation may be requested)

If you are signing this acknowledgement on behalf of the Individual named above, please sign your name on this line:

Important Security Warning - Email

Email that is not sent by a secure, encrypted method is not a secure method of communication. It may be intercepted and read by unauthorized persons. An email communication from us to you identifies you as a patient of Health Atlas CM and may put your personal, protected health information at risk of being compromised, misused or stolen. Personal identity theft including medical identity theft is a serious and growing problem. If you request our Notice of Privacy Practices or any other communication from us by email please understand that by this Warning, Health Atlas CM has informed you of the risks of using email and text messaging for confidential communications.

_____ By checking here I agree that Health Atlas CM may send me a copy of its current Notice of Privacy Practices by email if I request that it be sent to me by email although I understand that email is not a secure form of communication. I accept full responsibility for any adverse consequences to me resulting from the use of email to send me a current Notice of Privacy Practices at my request.

For Office Use Only

Name of Individual:

___ Identity of the Individual verified, documentation on file

Name of Personal Representative (if applicable):

___ Identity and Authority to Act of Personal Representative verified, documentation on file

We attempted to obtain written acknowledgement of receipt of our Notice of Privacy Practices from the Individual, but it could not be obtained because:

___ The Individual or Personal Representative refused to sign the acknowledgement

___ Due to an emergency situation it was not possible to obtain acknowledgement
(Please provide specific details)

___ Other (Please provide specific details)

Confirmed by Health Atlast CM

Signature

Printed Name and Title

The following is a requirement of California Law

You may be referred to one or more of the doctors or facilities listed below for services. Each of the doctors listed below has a financial interest with or provides services to one or more of the other doctors and/or facilities listed.

You are free to choose any organization you wish for obtaining services may be ordered or requested for you by any of the doctors listed below. Your doctor would be happy to discuss alternatives with you.

Potential sources of information concerning alternatives can be obtained from the Yellow Pages, the internet, or the county medical association.

- Anna Steiner Medical, Inc.
- Health Atlas Fountain Valley
- Health Atlas CM
- Karen Tafreshi, D.C.
- Gregory Brown, D.C.
- Sean Atae, M.D.
- Sara Mehdizadegan, L.Ac.
- Ke Yang, L.Ac.
- Michelle L. Rhyner, FNP
- Mariana Moualem, FNP

The following addresses are provided for the filing of any complaints relevant to this notice or the services provided: Medical Board of California, 2205 Evergreen Street, Suite 1200, Sacramento, CA 95815; Osteopathic Medical Board of California, 2720 Gateway Oaks Drive, Suite 350, Sacramento, CA 95833; Board of Chiropractic Examiners, 2525 Natomas Blvd, Suite 180, Sacramento, CA 95834

I hereby acknowledge receipt of this notice.

Signed: _____ **Date:** _____

Name: _____

HEALTH ATLAST CM CANCELLATION POLICY

In order to serve all of our patients and provide the best care possible, we ask that you make every effort to keep your scheduled appointments and arrive in a timely manner. We realize circumstances occur and you may need to change an appointment. We ask that you notify us at least **4 business hours** in advance of the appointment time, and **24 hours** in advance for *massage therapy and acupuncture*. If at least 24 hour notice for massage therapy and acupuncture is not provided, no-shows and cancellations will be charged \$20.00 for 30 minute appointments or \$40 for 60 minute appointments.

The more notice you provide, the better we can serve all patients. If you reach our voicemail, please leave a message and we will call you back to reschedule. Thank you in advance for your cooperation!

ALSO, HEALTH ATLAST CM IS NOT RESPONSIBLE FOR ANY LOST OR STOLEN PERSONAL PROPERTY BROUGHT TO OUR OFFICE OR LEFT IN OUR OFFICE.

By signing below, I acknowledge that I understand and agree to the terms of the Cancellation Policy.

Signed: _____ **Date:** _____

Name: _____